Common Budgeting **MISCONCEPTIONS**

"Having a budget means feeling guilty about spending your money on fun stuff."

Confident "Having a budget means feeling guilty about spending your money on fun stuff."

"In order for a budget to be successful, you need to switch to a super-frugal lifestyle."

"In order for a budget to be successful, you need to switch to a super-frugal lifestyle." *(* **understand where your money is going**

"Budgets keep you stressed."

